

Week 1

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast 8:00AM</p>	<p>Yogurt Toast Apple Slices Milk</p>	<p>Cheerios Bananas  Milk</p>	<p>Scrambled Eggs Toast Fruit Cocktail Milk</p>	<p>Peanut Butter Toast Apple Sauce  Milk</p>	<p>Pancakes With Syrup Grapes Milk</p>
<p>Lunch 11:00AM</p>	<p>Egg Salad Whole Grain Cheese slices Carrots&amp;Celery Diced Pears Milk</p>	<p>Beef Corn Dogs Green Beans Sliced Peaches  Milk</p>	<p>Tater Tot Caserole Beef, Potatoes, Cheese Dinner Roll Sm Orange Milk</p>	<p>Homemade Ch. Noodle Toasted Cheese on Multi Grain White Banana Milk</p>	<p>Chicken Nuggets Whole Grain Bread French Fries, Romain Salad &amp; Apple Slices Milk</p>
<p>Snack 2:30PM</p>	<p>Bagel W/ Cream Cheese  Milk</p>	<p>Grape Tomatoes  Milk</p>	<p>Cantalope Ritz Crackers  Water</p>	<p>Red, Yellow &amp; Orange Peppers &amp; Ranch Milk</p>	<p>Yogurt &amp; Whole Grain English Muffin Milk</p>
<p>Snack 6:00PM</p>	<p>Hummas Snap Peas Water</p>	<p>Vanilla Wafers  Milk</p>	<p>Pretzals W/ Sliced Cucumbers Water</p>	<p>Club Crackers  Milk</p>	<p>Rice Cake W/Peanut Butter &amp; String cheese Water</p>
<p>Substitutions</p>					

Week 2

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Breakfast 8:00AM</p>	<p>Oatmeal Multi Grain Toast Diced Pears Milk</p>	<p>Life Cereal  Peaches Milk</p>	<p>Scrambled Eggs Toast Apple Slices Milk</p>	<p>Peanut Butter Toast Apple Sauce  Milk</p>	<p>Fried Potatoes Diced Ham Toast Milk</p>
<p>Lunch 11:00AM</p>	<p>Beef Hot Dog W/Bun Green Salad Cottage Cheese Mixed Fruit Milk</p>	<p>Ground Turkey Brown Rice Diced Peaches Cooked Carrots Milk</p>	<p>Chicken Mashed Potatoes Dinner Roll Gr. Beans Sm Orange Milk</p>	<p>Chicken Fettichini Garlic toast Cooked Broccoli Spears Pear Halves Milk</p>	<p>Chicken Patty on Wheat Bun Romain Salad Apple Sauce Milk</p>
<p>Snack 2:30PM</p>	<p>Bell Pepper Strips Wheat Thins Water</p>	<p>String Cheese  100% Apple Juice</p>	<p>Celery W/ PB Club crackers  Milk</p>	<p>Cantelope Pita chips Water</p>	<p>Grapes  Milk</p>
<p>Snack 6:00PM</p>	<p>Nutra Grain Bar  Milk</p>	<p>Kiwi slices  Milk</p>	<p>Tilla Moos/ String Cheese  Milk</p>	<p>Banana  Milk</p>	<p>Pretzals  Milk</p>
<p>Substitutions</p>					

Week 3

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast 8:00AM	Peanut Butter Toast Yogurt Apple Slices Milk	Schredded Wheat Multi Grain Toast Peaches Milk	Scrambled Egg Sandwich Bananas Milk	Pancakes Bacon Green Grapes Milk	Oatmeal Toast Apple Juice Milk
Lunch 11:00AM	Tomato Soup & Toasted Cheese Oyster Crackers Pineapple Chunks Milk	Chicken Broccoli BakeW/ Noodles Dinner Roll Applesauce Milk	Turkey & Lettuce on White bread Carrots Kiwi Milk	Beef Tacos W/lettuce Tomatoes/ Cheese Tortilla W/Sour Cream Banana Milk	Ham, Lettuce ,Cheese Multi grain Bread Celery Orange Wedges Milk
Snack 2:30PM	Whole Grain English Muffin Pizza W/ Cheese Water	Cottage Cheese  Pita Chips Water	Hard Boiled Egg Orange slices Water	Broccoli Spears Ritz Crackers & Ranch  Water	Ham & Cream Cheese Roll-ups  Milk
Snack 6:00PM	Goldfish & String Cheese  Water	Tomatoe Slices & Cucumbers  Milk	Graham Crackers Peanut Butter & Raisins Milk	Melon Slices  Milk	Rice Cakes & Grapes Water
<b>Substitutions</b>					

Week 4

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast 8:00AM	French Toast Sausage Patty Bananas Milk	Cinn Toast Crunch Multi Grain Toast Peaches Milk	Potatoes eggs bacon Multi Grain Toast Cantelope Slices Milk	Cinna Raisin Toast W/ Peanut Butter Apple Slices Milk	Honey Nut Cheerios Multi Grain Toast Orange Slices Milk
Lunch 11:00AM	Spaghetti W/ Meat Sauce & Garlic toast Garden Salad W/Ranch Tropical Fruit Milk	PB & Jelly On Wheat Cheese Slices Apple Juice Carrots & a pickle Milk	Chicken Noodle Soup W/ Brown Rice Peas & Carrots Sliced Peaches Milk	Stir Fry VegetablesW/ Ground Turkey Brown Rice Apple Slices Milk	Tuna Salad W/ Lettuce Multi grain Bread Apple Slices Cran Raspberry Juice Milk
Snack 2:30PM	Cherieos  Milk	Bagels W/ Cream Cheese Milk	Hard Boiled Egg Ritz Crackers  Milk	Whole Grain Bread W/ Jam Peanut Butter Milk	Yogurt & Berries Parfait  Milk
Snack 6:00PM	Turkey & Cheese Roll ups Milk	Cherry Tomatoes Honey Dew Mellon  Milk	Pretzles String Cheese Water	Snap Peas Hummas Milk	Pita Chips Mango Salsa Milk
<b>Substitutions</b>					